



Just Breathe ©2013 – 2019 Linda Alterwitz. L: *Christie R: Installation* (New Mexico Museum of Art, Santa Fe).

Linda Alterwitz (American, b. 1960): Seeing, and not seeing, is my passion and vocation. I am an independent interdisciplinary artist with a focus on photography. Early in my development as a photographer, through a personal health crisis, I became fascinated by the high-tech imaging used in medical treatment. Although my work originated from a place of resilience, twenty years later, it has evolved into visualizing unseen systems that shape our world, encouraging dialogue around choice, trust, and collective experience.

In the project, *Just Breathe* (2013-19), which is in the Mayo Clinic permanent collection, I documented the breathing patterns of over 200 participants by placing my digital camera on each person's chest while she or he breathed up toward the sky for a 30-second exposure. The exposures created a visual trace of breath and an unseen internal human rhythm uncovering a unique pattern for everyone. During this project I realized that the balance between seeing and not seeing was changing for me. I was surprised to discover a deeper connection to humanity and our place within the universe where I felt myself part of something much bigger and more profound than I had ever felt. This work led to the following selected awards, and exhibitions:

- ***Breath Taking***, New Mexico Museum of Art, Santa Fe, NM. Kate Ware, curator (2021).
- ***Earthborn: 30 Seconds to 40 Moons*** traveling two-person exhibition at Springs Preserve, Las Vegas, NV; Missoula Art Museum, Missoula, MT; USC Clinical Science Art Gallery, Los Angeles, CA Brandon Reintjes and John Calsbeek, curators. (2018-2022).
- **Mayo Clinic Permanent Collection**, Jacksonville, FL (2018).
- **Kindred Hospital Permanent Collection**, Las Vegas, NV (2017).
- ***Just Breathe***, Mayo Clinic, Jacksonville, FL. Chrys Yates, curator (2016).

This project is at the ready for exhibitions on mindfulness or other opportunities. Please contact me or my agents, Dr Jane Boyer and Dr Gemma Marmalade of [\[cloud\] Collective](#), for further details.

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