



*Just Breathe* ©2013 – 2019 Linda Alterwitz. L: Christie R: Installation (New Mexico Museum of Art, Santa Fe).

Linda Alterwitz (American, b. 1960): Seeing, and not seeing, is my passion and vocation. I am an independent interdisciplinary artist with a focus on photography. Early in my development as a photographer, through a personal health crisis, I became fascinated by the high-tech imaging used in medical treatment. Although my work originated from a place of resilience, twenty years later, it has evolved into visualizing unseen systems that shape our world, encouraging dialogue around choice, trust, and collective experience.

In the project, *Just Breathe* (2013-19), which is in the Mayo Clinic permanent collection, I documented the breathing patterns of over 200 participants by placing my digital camera on each person's chest while she or he breathed up toward the sky for a 30-second exposure. The exposures created a visual trace of breath and an unseen internal human rhythm uncovering a unique pattern for everyone. During this project I realized that the balance between seeing and not seeing was changing for me. I was surprised to discover a deeper connection to humanity and our place within the universe where I felt myself part of something much bigger and more profound than I had ever felt. This work led to the following selected awards, and exhibitions:

- ***Breath Taking***, New Mexico Museum of Art, Santa Fe, NM. Kate Ware, curator (2021).
- ***Earthborn: 30 Seconds to 40 Moons*** traveling two-person exhibition at Springs Preserve, Las Vegas, NV; Missoula Art Museum, Missoula, MT; USC Clinical Science Art Gallery, Los Angeles, CA Brandon Reintjes and John Calsbeek, curators. (2018-2022).
- **Mayo Clinic Permanent Collection**, Jacksonville, FL (2018).
- **Kindred Hospital Permanent Collection**, Las Vegas, NV (2017).
- ***Just Breathe***, Mayo Clinic, Jacksonville, FL. Chrys Yates, curator (2016).

This project is at the ready for exhibitions on mindfulness or other opportunities. Please contact me for further details.

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